IT IS A NATTER OF HEALTH



THERE IS NO SUBSTITUTE

THE CHURCHES.

First Presbyterian. Rev. George L. Curtis, Pastor. Suny services: Morning worship 10.30 Sabbath-school, 12.10. Christian Endes vor, 7.00. Evening worship, 7.45 o'clock Prayer-meeting each Wednesday night

Westminster Church.

Rev. George A. Pauli, Pastor. Divine Worship at 10.30 A. M. and 7.45 P. M. Bunday echool at 12 M. Young People's Prayer Meeting at 6.45 P. M. A cordial welcome to all.

German Presbyteriau. Sunday services: Preaching by the pas-tor, Rev. Remi J. Buttinghausen, at 10.30 A. M. and 7.30 P. M. Sunday-school at 2.15 P. M. Prayer-meeting, Tuesday at 8 P. M. Young People's Society, Friday, at 8 P. M. Young Men's Christian Association meets on Thursday evesings at 8 P. M.

First Baptist Church.

Rev. Charles A. Cook, pastor, Ser-rioss at 10.30 A. M. and 7.30 P. M. Bunday-school at 12. All cordially in-rited. All seats free.

Park Methodist Episcopal. Rev. Dr. C. S. Woodruff, pastor. Men's meeting Mizpah Brotherhood 9.45 A. M. Church Services at 10:30 A. M. and 7.30 P. M. Sunday-school at 12 M. Vesper service Epworth League meet at 8 P. M. Wednesday evening, prayer 8 srvice at 8 P. M. Friday after-

Watsessing M. E. Church. The Rev. P. G. Blight, Pastor. Mornlog Ser /ices at 10:30 A. M. Sun layschool at 2:30 P. M., Epworth Lea ue at 7 P. M. Evening Service at 7:45, Prayer Service, Wednesday 8 P. M., Sunday Class-meeting at 9:30 A. M.

Church of the Secred Heart. The Rev. J. M. Nardiello, pastor. First Mass, 6.30 a. M. Mass and sermon, 8.30 A. M. High Mass and sermon, 10.30 A. M. Sunday-school, 3 P. M. Vesper service, 3.30 P. M.

Christ Episcopal. Corner Bloomfield and Park Avenues Tae Bev. Edwin A. White, rector. BONDAY SERVICES:

Galabration of Holy Communion, 8 A. M. Morning prayer and sermon, 11 A. M. Sunday-school at 9,45 A. M. Choral Even Song 4,30 P. M.

East Orange Baptist Church. Prospect Street. Services at 11 g'clock s. M. and 7.45 P. M. Sunday School at 2.30 P. M. Prayer-meeting at 7.45 Friday evening.

Montgomery Chapel. Wilson S. Phraner, Superintendent. Presching every Sunday evening at 8 clock. Service of Song at 7.45 P. M. nday-school at 3 P. M. Young People's

ng at 7.15 P. M. During the week the gymnasium and reading-room will be open for men and boys on Monday, Tuesday, Wednesday and Saturday evenings from 7.30 to 10 P. M., and on Saturday afternoon from 2.30 to 5.30 P. M.; for ladies and girls on Thursday evening from 7.30 to 10 P. M. Montgomery Chapel Cadete will drill on Friday evening.

Ascension Chapel.-Episcopal. Corner Montgomery Street and Berke-ley Avenue. Rev. Mr. Lewie R. Lever-, Minister in charge. Holy Communlon 8:30 A. M. Sundays, Sunday-school at 3.30 P. M. Evening service at 7.45

Franklin street, corner Belmont ave hue. Sabbath services: Sunday-school, 3 r. m. Preaching, 7.45 r. m. Week-day prayer meeting, Wednesday evening 8 r. m. Everybody welcome.

Gien Ridge Congregational. Corner of Bidgewood Avenue and Clark Street, Bev. Elliott Wilber Brown, pastor. Sunday Services, 10,45 A. M. and 7.45 P. M. Sunday-school 12 o'clock. Young People's Society Christian Endeavor at 7 P. M. Church Prayer-meeting Wednesday at 8 P. M.

St. John's Letheran Church.
Corner Liberty Street and Austin
Flace. Bev. H. A. Steininger, pastor. ervices 10.45 A. M. and 7.45 P. M. Sunday-school at 2 P. M. Ladies' Ald Society first Sabbath of every month at 3 P. M. Junior Society last Thursday of every month at 7,45 P. M.

Unity Church, (Unitarian). Rev. Lealle Willis Sprague, Minister. Hall, South Fullerton Avenue, near Bloomfield Avenue, Montclair, Morning Service at 10,45 o'clock, Topic: "Reasons for Bellef in Immortality. Bunday-school at 12 o'clock. Specia Raster exercises. Seats free, All are

Curpet Cleanig.

Now is the time to slean carpets. you want your carpets taken up, cleaned and relaid, send word to D. Douglass, Mo. 9 Park street, Montclair. Mr. Douglass has had years of experience in carpet cleaning, and has a large patronage in this town, Gien Ridge and Montelair, Those intending to move one have their marpets taken up, cleaned and relaid on mort notice. The work will be well and gromptly done - Adet.

RIDING ON AN AVALANCHE.

Down a Steep Canyon Without s

Few mountaineers go far enough into the avalanche regions to see much of them, and fewer still know the thrilling exhibaration of riding on them, says John Muir in The Atlantic. In all my wild mountaineering I have enjoyed only one avalanche ride, and the start was so sudden and the end came so soon I thought but little of the danger that goes with this sort of travel, though one thinks fast at such

One calm, bright morning in Yosemite, after a hearty storm had given three or four feet of fresh snow to the mountains, being eager to see as many avalanches as possible and gain wide views of the peaks and forests arrayed in their new robes before the sunshine had time to change or rearrange them, I set out early to climb by a side canyon to the top of a commanding ridge a little over 3,000 feet above the valley. But I was not to get top views of any sort that day, but instead of these something quite different, for deep trampling near the canyon head where the snow was strained started an avalanche, and I was swished back down to the foot of the canyon as if by enchantment. The plodding, wallowing ascent of about a mile had taken all day, the undoing descent perhaps about a minute.

When the snow suddenly gave way, instinctively threw myself on my back and spread my arms to try to keep from sinking. Fortunately, though the grade of the canyon was steep, it was not interrupted by step levels or precipices big enough to cause outbounding or free plunging. On no part of the rush was I buried. I was only moderately imbedded on the surface or a little below, it and covered with a hissing back streaming veil, and as the whole mass beneath or about me joined in the flight I felt no friction, though tossed here and there and lurched from side to side, and when the torrent wedged and came to rest I found myself on the top of the crumpled pile, without a single bruise or scar.

Hawthorne says that steam has spiritualized travel, notwithstanding the smoke, friction, smells and clatter of boat and rail riding. This flight in a milky way of snow flowers was the most spiritual of all my travels, and after many years the mere thought of it is still an exhilaration.

CURIOUS PRIVILEGES.

Some of the Prerogatives Which Em-

bassadors May Exercise. A curious privilege of an embassador is that he and he alone when dismissed may turn his back to the sovereign to whose court he is accredited. The

mode of procedure is as follows: When the embassador's audience is over, he waits to be dismissed by the sovereign. When dismissed, the embasesdor bows, retires three paces, bows again, retires another three paces, bows a third time, turns on his beels and walks to the folding doors. But it is felt that more polite methods should obtain when the reigning sovereign is a woman. To turn his back is to be discourteous, to walk backward is to resign a privilege. The embassador retires sideways, like a crab. He keeps one eye on the sovereign and with the other tries to see the door. He thus shows politeness to the sovereign and at the same time retains one of his privileges. As the embassador is usually an old gentleman, often short sighted, he sometimes fails to reach the door and comes in collision with the wall.

Another privilege of embassadors is the right of being ushered into the royal presence through folding doors, both of which must be flung wide open. No one except an embassador can claim this privilege. The most any nonembassadorial person can expect is that one of the leaves shall be opened to him. The reason for this privilege is not known. There are certain irreverent suggestions that have been made, but we prefer to be silent with regard to them.

Another privilege, capable of causing great inconvenience, is the embassador's right of admission to the sovereign at any hour of the day or night. Thus the minister representing some little bankrupt state could go down to Windsor and demand an audience at 4 o'clock in the morning. The audience would have to be granted, though it could be delayed by the exercise of ingenuity.-Chambers' Journal.

The True Mission of Luxury. No luxury is justifiable that ends in simple enjoyment. It must be turned to good account by adding to our powers of usefulness. It we enjoy reading, are we enthusiastic for the public library? If we enjoy outdoor life, are we anxious for parks and pleasure grounds for the people? If we revel in art or music, do we long that picture galleries be thrown open or good music be attainable by all? Do we strive whenever possible to share our luxuries, whatever they may be, with those less favored than ourselves, or are we satisfied with our own enjoyment as an end instead of using it as a means to bettering the lives of others also? Truthful answers to those questions will speedily tell us also whether our own special luxuries are building up character and life or whether they are the means of lowering the one and narrowing the other.-Philadelphia

The imperial family of Russia posin the world.

The favorite theatrical play in India is the presentation of the exploits of some god.

Challenge from W. W. Keyler.

Offer to Refund Money if Dr. Howard's Specific Will Not Cure Auy Case of Constipation or Dyspepsis.

W. W. Keyler is seeking the west case of dyspepsia or constipation in Bloomfield or vicinity to test Dr. Howard's New Specific for the cure of those

So confident is he that this remark. able medicine will effect a cure, quickly and lasting, that he offers to refund the money should it not be successful.

In order to secure the quickest possible introduction W. W. Keyler will sell

a regular fifty cent package of this medicine at half price, 25 cents. This specific of Dr. Howard's will cure sick headache, dizzy feelings, conatipation, dyspepsis, and all forms of maiaria and liver trouble. It does not

simply give relief for a time; it makes permanent and complete cures. It will regulate the bowels, tone up the whole intestinal tract, give you an appetite, make food tasts good and digest well, and increase vigor. Joy and happiness will take the place of that "don't care whether I live or die '

feeling. Take advantage of W. W. Keyler's challenge and secure a bottle of Dr Howard's Specific at half price with his personal guarantee to refund your

money if it does not help you. There is no need of suffering with constipation, dyspepsia or liver disease when you can get sixty doses of a scientific medicine for their cure like Dr. Howard's Specific for the small sum of 25 cents. -Advt.

Making a Game Fight.

The plucky little borough of Vallsburgh is making a game fight against annexation to Newark. The Borough Council on Monday night passed resolutions against annexation. The resolutions are in effect as follows:

"We believe that the movement for annexation is not based on good faith nor for the best interests of the citizens of the borough; that the prime movers in the scheme are looking only for their own benefit and profit, and not for the benefit of the whole borough.

"We claim that taxes would be increased by annexation without a correcponding amount of improvements accruing to the borough. Under our present form of government we are positive that the the rate for this year will be no higher than it was last year.

"We believe that neither the fire nor police protection would be improved by such annexation.

"Under our present system of government every dollar of taxes raised in the borough (except the county taxes) are xpended for the benefit and improvement of the borough. Were we annexed to Newark a large portion of the money raised by Valleburgh would be diverted from the proper channels and would be used for other purposes than the improvement of our neighborhood. To prove this assertion it is only necessary to go back to the time when Vallsburgh was a portion of the township of South Orange. The records of those days will show that Vallaburgh paid to the treasury of the township about \$3,000, and received in return the sum of \$800, which was expended in the repair of roads. The balance was expended on other sections of the township."

Another Trolley Project.

Another application for a trolley franobise was presented to the East Orange Olty Council Monday night when the North Jersey Street Ballway asked for permission to construct a single track line from the present terminus of the south end line in Orange road through North Park street and connecting with the Orange and Passalc Valley line at Dodd street. The application was referred to the Railroad Committee. It is believed that this is a preliminary to an application for the road which is to run along Dodd street, and thence through Brighton avenue or some other street to Springdale avenue and thence to Fourteenth street.

Salaries Increased.

While the Legislature falled to pass some important measures it did not neglect to look out for the interests of office-holders. A law was cuseted to increase the salaries of the District Court Judges of Newark from \$3,000 to \$4,000 per year. This is mandatory. A law was also enacted to increase the pay of inspectors of the Excise Board from \$1,000 to \$1,800. This is optional with the Common Council, but the inspectors will no doubt get the increase, And yet there are people living here who would annex themselves to Newark for the purpose of helping to pay highpriced officials.

Unique Savings Bank.

By owning a unique savings bank, a candy Easter egg, given to him a year ago, Joseph Daneski of Mill street saved a small fortune unknown to his family. He used it as a repository for his sayings and had nearly \$700. On Sunday last he went on a visit to Plainfield. leaving Frank Clonek, a clerk, in charge of his house. He returned at midnight, but Clonek was absent, and a search showed that the house had been raneacked from cellar to garret and jewelry, clothing and \$60 in money stolen. Daneski, after examining the egg and finding his cash, told Chief of Police Collins sesses the most valuable collection of and a warrant was at once issued for precious stones of any reigning house | Clonek's arrest, but it is believed that he has left the country.

Vote against annexation, A Newark paper says that when Newark's taging methods are applied here there will be a large increase in valuation,

BLOOMFIELD TRUST CO. NO. 1 BROAD STREET.

BLOOMFIELD, N. J.

JANUARY 1, 1904.

\$823,000.00 Assets, 693,000.00 Deposits, Capital and Surplus, \$130,000.00

Interest paid at the rate of 32 per cent. per annum.

NEW ACCOUNTS RECEIVED.

Wise Burglars

Should shun residences having telephone service. New York and New Jersey Telephone Co. 441 Bloomfield Avenue, Montclair, N. J.

